

What are the symptoms of nerve damage?

Nerve damage symptoms depend on which nerves have damage. Some people have no symptoms or mild symptoms. Other people have painful and long-lasting symptoms. As most nerve damage develops over many years, a person may not notice mild cases for a long time. In some people, the onset of pain may be sudden and severe.

What are the types of nerve damage from diabetes?

Peripheral Neuropathy

Peripheral neuropathy is the most common type of diabetic neuropathy, and it affects the **sensory** nerves of your feet, legs, hands, and arms. These areas of your body may feel

- numb
- weak
- cold
- burning or tingling, like “pins and needles”